

LAURIE LLOYD

LIVLIGHT
WELLNESS
GREENSBORO, NC

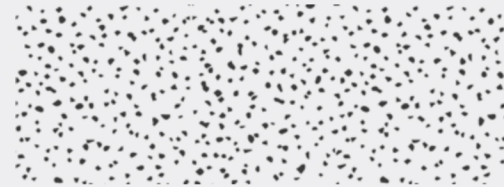


ABOUT

Laurie

I am a mom, a wife, a friend, a holistic health coach, a nutritional consultant, and a part-time blogger!

 @LIVLIGHT
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 WWW.LIV-LIGHT.COM



“ It's life. You don't figure it out. You just climb up on the beast and ride. ”

How many kids? Ages?

Two, Elle (4) and Coco (1)

Interested In

Business, Collaboration, Sponsorship, Friendship

Words you live by/quotes you love

Success is being proud of what you do every day.

Best advice you've ever been given



It's life. You don't figure it out. You just climb up on the beast and ride. -Rebecca Wells

-Eat food. Not too much. Mostly plants. -Michael Pollan

-It's important to make someone happy, and it's important to start with yourself.

Personal Passions, Charities, Hobbies:

Cooking, creating recipes, entertaining, traveling, reading.

What are your personal/brand goals for this year?

To grow my brand...awareness, following, and clients.

Why do you want to be a part of heymama?

I love your site and think I would be a great addition. I believe I offer a different perspective living in the South. I am excited to connect with other moms and grow my business and following.

XX

Laurie Lloyd

